

30-DAYS

Self-Care Challenge

DAY 1



DAY 2



DAY 3



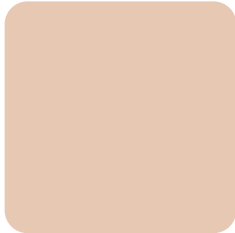
DAY 4



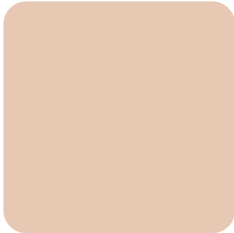
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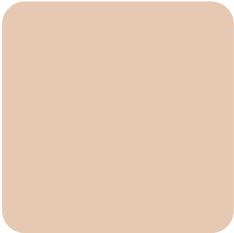
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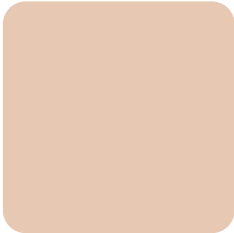
DAY 7



DAY 8



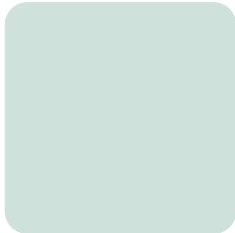
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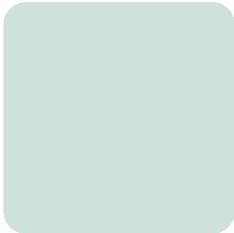
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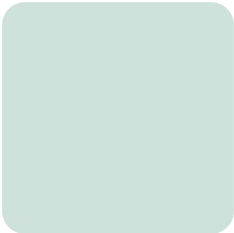
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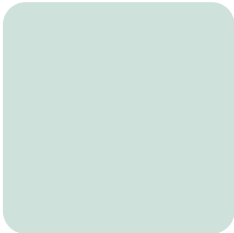
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DAY 13



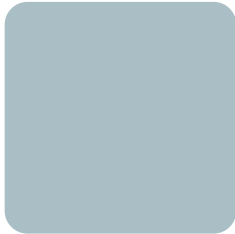
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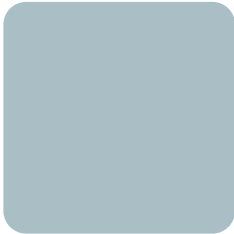
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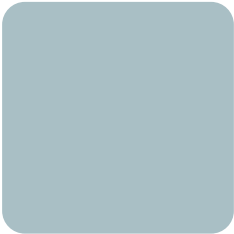
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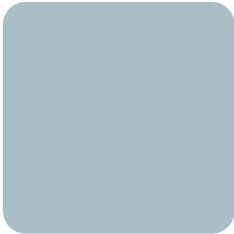
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DAY 18



DAY 19



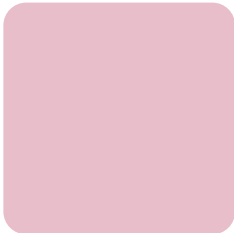
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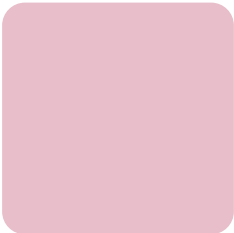
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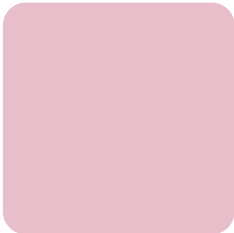
DAY 22



DAY 23



DAY 24



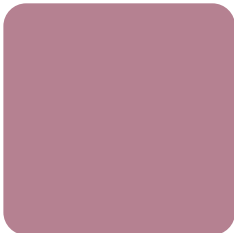
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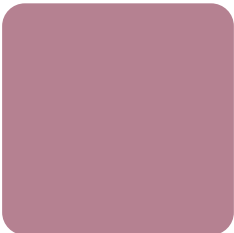
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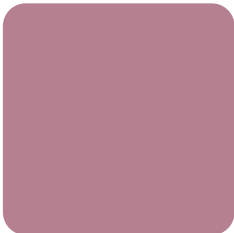
DAY 27



DAY 28



DAY 29



DAY 30

